



# The Shepherd

## Our Journey into Discipleship

### Be a Good Steward of the Lenten Season

*Stewardship Prayer  
February 2018*

*Heavenly Father,*

*Thank you for this new day,  
and another opportunity to  
give the traditions of Lent  
genuine meaning in my life.*

*Help me to be a good  
steward; to use it wisely to  
reflect on my words and  
deeds, review my habits,  
and correct my faults.*

*Inspire me to live as Jesus  
did, to embrace the cross,  
and live the great paschal  
mystery in a way that gives  
hope to others.*

*Be merciful to me this  
day. Forgive me my  
failings and weaknesses.  
Prepare me for the renewal  
of my baptismal vows, today  
and throughout the season  
of lent; so that at Easter I  
may truly rejoice in*

*Christ Jesus, who lives and  
reigns with you and the  
Holy Spirit,  
One God, forever and ever.  
Amen.*

The Lenten season prepares us for the celebration of Easter. It is a time for Christians to embrace prayer, fasting and almsgiving in a more concerted way. For some it is a time of healing; repairing their spiritual brokenness. For others it is simply a good time to cultivate their spiritual lives in a more disciplined manner. The goal of Lenten practices; to prepare ourselves to enter into the paschal mystery of Holy Week with a humble spirit and determination to Jesus Christ.

**Prayer:** What greater gift could we give ourselves during Lent than the gift of prayer? Make plans for a prayer time each day. This will involve sacrifice on your part...perhaps giving up some television viewing time, using part of your lunch hour, or getting up in the morning earlier than usual. Along the way, spend some time in extra prayer with fellow parishioners at daily Mass, Wednesday Night Mass and Lenten Soup or Stations of the Cross on Friday Nights.

**Fasting:** Christian Stewards understand that all they receive, including our food and drink, ultimately comes from the Lord. By denying ourselves food for a time, we are reminded in physical and emotional ways of the Lord's generosity. As we fast, thoughtlessness is replaced by gratitude and mindfulness of the needs of others.

**Almsgiving:** This spiritual discipline heightens our sense of generosity. Just as an increase in prayer and fasting leads us to be more grateful for the gifts we've received, and promotes a greater awareness of others, almsgiving helps us to reach out to others in gratitude. Again, make a plan and let a meaningful sense of sacrifice be your guide.

### Forward In Faith Campaign

Our Capital Campaign committee presented Fr. Fred with a pledged check in the amount of \$2,207,271.56 for our continued



support in paying down our debt on our beautiful parish campus!! Thank you to all the awesome volunteers for their tremendous efforts and to all our parishioners for prayers and support!

### Wonderful Lenten Sacrifices

*Give up bitterness...Turn to Forgiveness*

*Give up giving up...Turn to Prayer*

*Give up sin...Turn to Virtue*

*Give up negativism...Be Positive*

*Give up complaining...Focus on Gratitude*

*Give up hatred...Return Good for evil*

*Give up jealousy...Pray for Trust*

# ***“Why I share my time and talents at Sacred Heart...”***



“I have learned through the years that the more time I spend in God’s House doing his work, it gives me strength so that I can go out into the world and do his work. If it weren’t for Sacred Heart both in my childhood at the school and adulthood in the parish, I do believe I would live without hope. Padre Pio’s Prayer after Communion strikes my heart as he says, ‘Stay with me Lord for I am weak and I need your strength that I may not fail so often; Stay with me Lord for you are my life and without you, I am without meaning and hope. I find all of these here at Sacred Heart...strength...life...hope.” Hope Sirman



“We share our talents because we feel the need to help others around us, to build community and to experience God’s Grace that come from denying self. Sacred Heart is our family and helping family is very gratifying and worthwhile.” Steve and Sharon Vorisek

“I am a people person. I love to be around others. When I started sharing myself and my talents, it was because I felt my tithing was not where it should be and this was a way for me to give in a way I could afford. Thanks to Dave Ramsey’s Ministry and setting of priorities, I now do it for a simpler and selfish reason...it makes me happy to be helping.” John Reilly



## ***February’s Ministry Spot Light Table - Stop by and say “YES”!!***

- 3-4 Council of Catholic Women** - Calling all Catholic Women!!!! This ministry supports, empowers and educates all Catholic women in spiritually, leadership and service. Programs respond with Gospel values to the needs of the Church and society in the modern world. Stop by the table for more info!
- 10-11 ACTS** - This awesome retreat provides a spark that ignites Catholics with the eternal flame of the Holy Spirit. ACTS is a light for New Evangelization fostering love, discipleship and a commitment to Jesus. Please consider making this AWESOME retreat!! Stop by the table for more info!
- 17-18 Black Catholic Ministry** - This ministry supports parish life of our church and school, and brings awareness of the African Culture’s contribution to Catholicism. Open to all parishioners!!
- 24-25 Bereavement** - Team members provide meals for the families of deceased members of our parish. Ministry consists of teams of 20 members with each team providing meals 2-3 times per year.



### ***Stewardship Celebrations***

#### ***Weddings - Blessings!***

Jamie Ryan Fewin & Rachel Elizabeth Lewis

#### ***Newcomers - Welcome!***

Carol Wade  
Carlye Petro  
The Bollheimer Family  
Jeffrey and Kaitlyn Schwoob & Family

#### ***Funerals - Celebration of Life!***

Aleida Walcott  
William Crosland  
Caroline Kaschuk  
Estelita Asombrado

#### ***Baptisms - Congratulations!***

Leonardo Alonso  
Gabriel David Nadeau  
Ruby Alonso Banelas  
Andrew Joshua Castillo  
Braden Douglas Hunter  
Maximus Alexander Yurgil

Ethan Gabriel Castillo  
Brennan Patrick Topp  
Addisyn Marie Goodin  
Roxanna Caroline Davis  
Kendall Isaiah Castelow

### ***Ladies Auxiliary hosts awesome Chili Cook-off***



The Ladies Auxiliary of the Knights of Columbus Chili Cook-off and Dutch Auction was a great success with raising over \$1,000 for the SH School Scholarship Fund. Awesome chili, great auction items and wonderful fellowship was enjoyed by many. Do not miss the next Ladies Auxiliary event!!!